



**East Union  
Intermediate Center  
May/June Menu**



**WE'RE  
Hiring!**

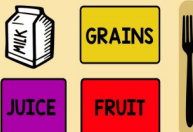
**CAFETERIA FOOD  
SERVICE EMPLOYEE**

CONTACT: JACOB DOUGLAS  
JDOUGLAS@DEERLAKES.NET

DEERLAKES.COM

**What Makes A  
BREAKFAST**

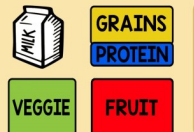
**SELECT 3 ITEMS:**



one must be a  
**FRUIT** or **JUICE**

**What Makes A  
LUNCH**

**SELECT 3-5 ITEMS:**



one must be a  
**FRUIT** or **VEGGIE**



**PRFSD**

Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>One app for your entire cafeteria.</b></p> <p><b>APPLY FOR FREE &amp; REDUCED MEALS</b></p> <p>Applying for free and reduced meal benefits has never been easier. Apply, submit, and track your application status from start to finish at <a href="http://www.schoolcafe.com/deerlakes">www.schoolcafe.com/deerlakes</a></p> <p><b>MANAGE BALANCES</b></p> <p>Make payments, view purchase history, and receive low balance alerts. For convenience, setup automatic payments to replenish their cafeteria funds.</p>		<p><b>May 1<sup>st</sup></b></p> <p><b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Chicken Tender Basket w/ Dinner Roll French Fries Assorted Fruit Choice of Vegetable</p>	<p><b>May 2<sup>nd</sup></b></p> <p><b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Korean BBQ Bowl Steamed Rice &amp; Broccoli Assorted Fruit Choice of Vegetable</p>	<p><b>May 3<sup>rd</sup></b></p> <p><b>Breakfast</b> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> <b>Homemade Plain Pizza</b> Steamed Carrots Assorted Fruit Choice of Vegetable</p>
<b>May 6<sup>th</sup></b>	<b>May 7<sup>th</sup></b>	<b>May 8<sup>th</sup></b>	<b>May 9<sup>th</sup></b>	<b>May 10<sup>th</sup></b>
<p><b>Breakfast</b> Honey Breakfast Chicken Sandwich Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Philly Cheesesteak Hoagies Spiral Fries Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Chicken Quesadillas w/ Sour Cream and Salsa Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Spaghetti &amp; Meatballs w/ Butter or Marinara Garlic Bread Steamed Broccoli Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Turkey Stuffing Bowl Mashed Potatoes w/ Gravy Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> <b>Homemade Plain Pizza</b> Waffle Fries Assorted Fruit Choice of Vegetable</p>
<b>May 13<sup>th</sup></b>	<b>May 14<sup>th</sup></b>	<b>May 15<sup>th</sup></b>	<b>May 16<sup>th</sup></b>	<b>May 17<sup>th</sup></b>
<p><b>Breakfast</b> Honey Breakfast Chicken Sandwich Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Hot Dog on a Bun Waffle Fries Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Soft/Hard Taco's with Sour Cream and Salsa Mixed Vegetables Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Toasted Italian Hoagies Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> Lancer Bowl Mashed Potatoes &amp; Gravy Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p><b>Breakfast</b> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><b>Lunch</b> <b>Homemade Plain Pizza</b> Steamed Peas &amp; Carrots Assorted Fruit Choice of Vegetable</p>



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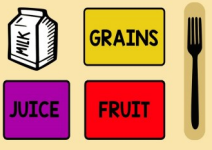
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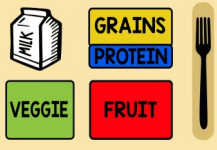


one must be a

**FRUIT** or **JUICE**

**What Makes A  
LUNCH**

**SELECT 3-5 ITEMS:**



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**FRUIT** or **VEGGIE**



**PRFSD**  
Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 20 <sup>th</sup>	May 21 <sup>st</sup>	May 22 <sup>nd</sup>	May 23 <sup>rd</sup>	May 24 <sup>th</sup>
<b>Breakfast</b> Fresh Smoothies Choice of Fruit 100% Fruit Juice <b>Lunch</b> Chicken Patty Sandwich Baked Cauliflower Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Breakfast Sandwich Choice of Fruit 100% Fruit Juice <b>Lunch</b> Super Nachos w/ Beef & Cheese Mixed Vegetables Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> Mac N' Cheese w/ Breadstick Roasted Broccoli Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice <b>Lunch</b> Stir Fry Chicken w/ Brown Rice Mixed Vegetables Assorted Fruit Choice of Vegetable	  <b>No School</b>
May 27 <sup>th</sup>	May 28 <sup>th</sup>	May 29 <sup>th</sup>	May 30 <sup>th</sup>	May 31 <sup>st</sup>
 We will be <b>CLOSED</b> on <b>MEMORIAL DAY</b>	<b>Breakfast</b> Breakfast Sandwich Choice of Fruit 100% Fruit Juice <b>Lunch</b> Walkin Taco Tuesday! Steamed Corn Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> Loaded Waffle Fries w/ Beef and Cheese Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice <b>Lunch</b> Pasta Bar w/ Breadstick Steamed Broccoli Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Homemade Donuts Choice of Fruit 100% Fruit Juice <b>Lunch</b> <b>Homemade Plain Pizza</b> French Fries Assorted Fruit Choice of Vegetable
June 3 <sup>rd</sup>	June 4 <sup>th</sup>	June 5 <sup>th</sup>	June 6 <sup>th</sup>	
<b>Breakfast</b> Fresh Smoothies Choice of Fruit 100% Fruit Juice <b>Lunch</b> <b>Manager's Choice</b> Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Breakfast Sandwich Choice of Fruit 100% Fruit Juice <b>Lunch</b> <b>Manager's Choice</b> Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> <b>Manager's Choice</b> Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice  	